

TUMBLING TIMES

RECREATIONAL NEWS

REGISTRATION ON-GOING!

VANCOUVER PHOENIX GYMNASTICS
 RISING TO EXCELLENCE
 Summer Classes and Camps



REGISTRATION
 is On-going!!!!
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VANCOUVER PHOENIX GYMNASTICS
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 for 2017 Fall, 2018 Winter and Spring Classes

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RECREATIONAL PHOTO ALBUM



CLUB EVENTS



Style Adventure Year End Show June 25, 2017

The Year End Show theme this year was Dr. Seuss Style Adventure! The Recreational, Interclub, Developmental and Competitive programs based their dance on the the different books of Dr. Seuss. Annually, our coaches do a flip-a-thon to help raise money which will go towards our Bursary Fund which helps families send their children to our gymnastics classes. Not only did the coaches do their famous flips, but performed gymnastics on the various gym equipment.

The show is not complete without our brave parents who volunteered to climb the rope challenge! Our winners got special prizes from The Hive Climbing gym. Thank you to the moms and dads! You all rock!

Many thanks to our community partners [Kintec Footwear & Orthotics](#), [Blue Parrot Coffee](#) and [The Hive](#). Thank you to all the participants and their families who continuously support us throughout the year – this show was for you!





INTERCLUB PHOTO ALBUM

The Interclub athletes were quite busy this season! They participated in the Cristy Fraser Memorial Invitational, Mexican Fiesta, Surrey Classic/Carol Lenz, Ogoopogo and Orca Invitionals, traveling as far as Duncan and Kelowna! A fulfilled experience for sure!



2017 COMPETITIVE YEAR END AWARDS

June 29, 2017

Every year, Vancouver Phoenix recognizes our athletes with individual certificates and special awards. For this year, the Competitive program held their awards reception at the Vancouver Curling Club with the athletes, coaches, parents and families in attendance. Congratulations for an awesome year!

Competitive Program Awardees

WAG Awards

Sportsmanship Awards

Micah Yabut
Josephine Fletcher

Most Improved Award

Tyya Nibbelink
Emily Geraghty

Outstanding Artistic Presentation

Ella Jalandoon
Hannah Barnes

Female Athlete of the Year

Imogen Paterson
Shinyi Kao

Sev Heiberg Award

Ella Lucas

10 Years Award

Jessie Moody
Georgia Posno
Claire Posno
Rachel Rubin-Sarganis

MAG Awards

Sportsmanship Award

Provincial
High Performance

Jasper Wong
Kai Iwaasa

Most Improved Award

Provincial
High Performance

Matsumo Do
Evan Fedder

Outstanding Artistic Presentation

Provincial
High Performance

Everett Andres
Darren Wong

Male Athlete of the Year

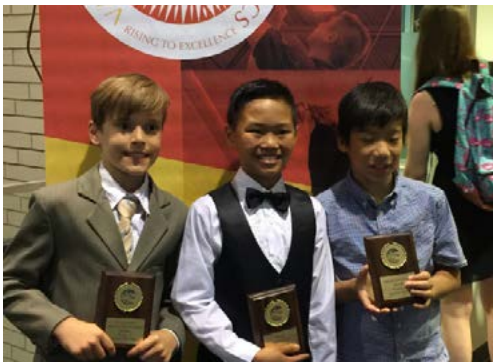
Provincial
High Performance

Emilio Naidu
Darren Wong

Sev Heiberg Award

10 Years Award

Devy Dyson
Darren Wong



COMPETITION HIGHLIGHTS

Our Competitive athletes had an amazing season! Congratulations to all our MAG & WAG athletes and their coaches for all their hard work!

2017 CANADIAN CHAMPIONSHIPS, MAY 24-28
MONTREAL

WAG/MAG



Darren Wong, 2nd AA, 2nd Vault, P Horse, Rings & P Bars, 3rd Floor



Imogen Patterson, HP Jr, 5th AA



Darren Wong with Coach Sasha



Aaron Mah: 5th AA, 1st Floor with Coach Sasha



WAG JO 10 Team BC athletes: Rachel Rubin-Sarganis (3rd from left) and Jessie Moody (5th from left)

2017 WESTERN CANADIAN CHAMPIONSHIPS
APRIL 27-29

BRANDON, MANITOBA

MAG, WAG



Coach Siovhan with our Team BC WAG athletes
JO 8 Gold Medalists!



Erika Chan, JO 8: 3rd AA, 2nd Bars, 3rd Beam
Ella Lucas, JO 8: 4th AA, 1st Vault



Evan Fedder, Elite 4: 1st AA, 1st Floor, P Horse & Rings,
2nd P Bars & High Bar

COMPETITION HIGHLIGHTS

2017 BC PROVINCIAL CHAMPIONSHIPS, APRIL 7-9
PORT COQUITLAM

MAG, WAG

What an awesome turnout for our athletes and coaches at BC Championships for taking home 11 Provincial All Around titles and multiple Event titles!



Devy Dyson, HP Sr



Evan Fedder, Elite 4



Luca Frontini, Level 3 (13+)



Jasper Wong, P2



Imogen Paterson, HP Jr



Georgia Posno, JO 9



Presley Cattermole, JO 9



Shinyi Kao, JO 8



Georgia Stewart, JO 7



Jessie Keeley, JO 7



Kayla Fiorda, JO 6

Event Title Champions:		
JO 10 (99-01)	Jessie Moody	Beam
	Claire Posno	Floor
JO 9 (99-03)	Micah Yabut	Beam
JO 8 (99-01)	Erika Chan	Bars & Floor
	Ella Lucas	Floor
JO 8 (03)	Olivia Hood	Vault & Bars
JO 8 (04-07)	Emily Geraghty	Vault
JO 6 (06)	Hannah Barnes	Beam
Level 4 (13+)	Emilio Naidu	Pommel Horse
Level 4 (U13)	Cameron Andres	Pommel Horse
	Aries Zion Deza	Rings
Level 2 (U10)	Markus Christensen	Pommel Horse

COMPETITION HIGHLIGHTS

IG INTERNATIONAL GYMNIX, MARCH 9-12
MONTREAL



Imogen Paterson with Coaches Janice Fowler and Crystal Gilhooly. Coach Crystal was a judge at the event.

SURREY INVITATIONAL, MARCH 3-5
CAROL LENZ MEMORIAL, MARCH 3-5
SURREY

MAG
WAG

Coach Mike with the MAG athletes.



WAG athletes



CHARITY CHOICE INVITATIONAL, FEBRUARY 17-19
TACOMA, WASHINGTON

WAG

Charity Choice Invitational is an American meet where the most successful teams wins a monetary award which is donated to a charity of choice of the club. Our WAG JO6 group won 3rd place during one of the days!



WAG JO 6 athletes with their award.

ZONE 5 TRIALS TO BC CHAMPIONSHIPS, FEBRUARY 26
WHISTLER

WAG JO 6



WOGA CLASSIC, FEBRUARY 17-19
TEXAS

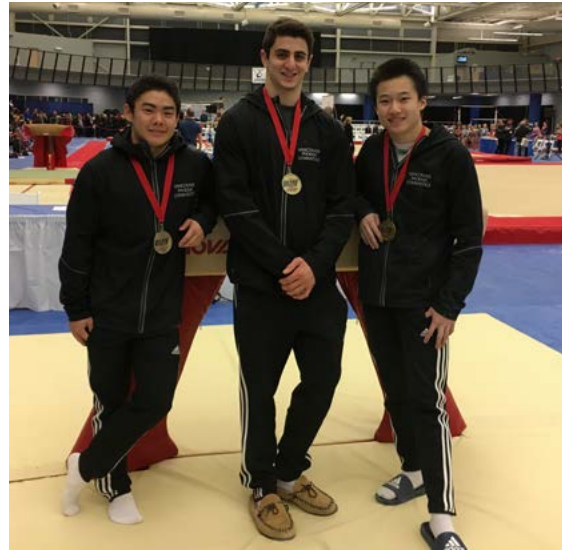
WAG



Happy faces of our athletes.

ELITE CANADA, FEBRUARY 3-5
HALIFAX, NOVA SCOTIA

MAG, WAG



L-R: Chris Kaji (JR), Devy Dyson (SR), Darren Wong (Jr)

Melbourne World Cup, February 22-25, 2017

Melbourne, Australia

by: Devy Dyson, HP Jr
(Devy represented New Zealand)



The Melbourne World Cup was a great experience. Every competition can be taken as a learning opportunity, there were some ups and downs, but I was happy overall with my performance. Some highlights include placing 6th in the Rings final, 6th in the Parallel Bars final, and 4th in the Horizontal Bar final! I am incredibly motivated to get back into the grind and improve on the events that did not go as well and clean up some of the events that I hit my routines on. It was exhilarating competing against the other gymnasts in the world, some who were Olympic and World finalists athletes. I was able to learn and observe how they prepare for competing and talk to them afterwards about this awesome sport. It was great to hear their insight! I cannot wait to meet them again in the future with an upgraded performance hopefully!

[Competition results](#)

CLUB PARTNERS

Thank you to Kintec Footwear & Orthotics who continues to be our Club sponsor!
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Thank you to Blue Parrot Coffee for your continued support!



Located at the Hillcrest Community Center
<http://blueparrotcoffee.com/>

FUNDRAISING



Thank you for all the support for our Spring Plant Fundraiser!
We sold over \$3900 worth of plants!

Congratulations to our top 3 winners!

- 1st Prize - Jessa Kedar
- 2nd Prize - Sam Wong
- 3rd Prize - Emma Harris



OUR 2016-2017 DONORS

Many thanks to everyone who generously donated to our online campaigns, "Fill the Pit and Special Needs Bursary Fund!"

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